

Health History Questionnaire (age 10 and up)

Patient Name: _____ **DOB:** _____

Reason for today's visit:

Personal Medical Problems None known

Have you ever been treated for depression, anxiety or any other mental health problem? Yes No

Surgeries: None

Type of Surgery & Date: _____ Type of Surgery & Date: _____
Type of Surgery & Date: _____ Type of Surgery & Date: _____
Type of Surgery & Date: _____ Type of Surgery & Date: _____

Non-surgical hospitalizations: (please include Date and Hospital): None

Medications: (list all medications, including Over the Counter) – include Dose and Frequency None

Pharmacy Name: _____ **Phone number:** _____

Allergies: (include reaction): none known

Social History:

Tobacco use: Yes No Cigarettes or Pipe _____ packs/day for _____ years. Quit Date: _____
Smokeless Tobacco use: Yes No _____ packs/cans per day for _____ years. Quit Date: _____
Alcohol use: How many drinks per day? _____ Week? _____ Month? _____
What kind of Alcohol? Beer, Wine, Liquor

Have you ever or do you now use illegal drugs? Yes No Which? _____

Exercise: No Exercise Mild Exercise Occasional, less than 4x/week Regular vigorous

Caffeine: None _____ cups/cans per day

Are you currently trying to lose weight? Yes No Are you happy with your weight? Yes No

Women Only:

Age at onset of menstruation: _____ Date of last menstrual period: _____
Pregnancies: _____ # Live births: _____ # Living children _____
Miscarriages/Abortions: _____ # Vaginal births: _____ # C-sections: _____